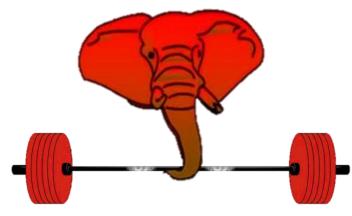
EASTERN CAPE



CLASSIC POWERLIFTING CHAMPIONSHIPS 2024

Qualifier for SA Classic Powerlifting Championships

DATE:	10 th February 2024
WEIGH IN:	08:00 - 09:30
START TIME:	10:00 (may change depending on the number of entries)
PLACE:	Cape Recife School, Summerstrand, Gqeberha
ENTRY FEE:	R550 (Includes: T-shirt, Trophy & Certificate)
	(R275 for each extra age category)
PRELIM ENTRIES:	19 th January 2024
ENTRIES CLOSE:	26 th January2024
EXTRA T-SHIRT:	R275
SINGLET HIRE:	R100

NO LATE ENTRIES WILL BE ACCEPTED

All lifters must have completed the applicable WADA Education Programme & be affiliated with SA Powerlifting Federation before the Championships.

<u>Banking Details:</u> Account. Holder. E.C. Powerlifting. (I.M Maritz) Capitec, Savings Account Account No. 168 5151 815

Contact your coach or the EC Powerlifting President (Andre at 083 286 1398) for more details.